

New chapter. New questions.

Prepare your practice to thrive
with aging clients and families



Now you can partner with a proven professional

Age Well Solutions is your partner for quality, ready to deliver services that will have immediate impact and offer lasting value for your practice, and your aging clients and families

Age Well Solutions builds practice capability and positions you for success

We help your practice...

- Uncover the opportunities for your practice and design an effective service offering that is easy to deliver
- Meet regulator and aging client expectations with Dementia-Friendly Professional Training (DFP™)
- Master tools like the **Complete Older Adult Profile™** to guide aging clients in prolonging health and wealth
- Understand the impact and costs of later life transitions so you can offer good advice and direction
- Prevent loss by helping you engage and build relationships with the next generation of decision-makers

Age Well Solutions delivers service excellence that sets you apart with clients

We assist you by delivering these proven offerings...

- A range of seminar/webinar topics exploring later life transitions and strategic planning options (*see reverse*)
- One-on-one consultations with an expert to help aging clients and families overcome challenges and feelings of anxiety, and provide them with an immediate and appropriate plan of action
- Valuable tips and strategies that will engage, educate, and empower your clients and families for the next chapter of life
- Facilitate intergenerational conversations to honor wishes and plan ahead

It's easy to get started. Speak with us today.



www.agewellsolutions.ca • info@agewellsolutions.ca • 613.277.6449

New chapter. New questions.

Client seminar and discussion topics
that engage, educate, and empower



Positive aging and longevity

- COAP™** The Complete Older Adult Profile - a whole person approach to aging well*
- Your health and wealth: a dynamic link
- Supporting your loved one as they age
- Essential conversations: preparing for positive intergenerational dialogue
- Later life transitions: common transitions and planning ahead

Tips for caregivers and advocates

- The stages of caring for an aging loved one
- Preparing to care - including health and medical information management, financial and legal responsibilities
- The working caregiver journey – balancing roles and self care

Living with dementia

- Understanding dementia
- Living well with dementia
- Shifting responsibility & decision-making
- Strategies to reduce risk, prolong autonomy

Navigating the Health Care System

- Understanding the health care system and services for seniors and families
- Advocating for an aging loved one and getting the support you need
- Terminology and community resource overview

Senior Housing Transitions

- Understanding today's senior housing options
- Stay at home or relocate? Understanding the benefits and limitations of each
- Strategies to prolong a stay at home
- Downsizing and transitions: tips and tools to ensure a positive housing transition

**seminar or workshop format*

Is there a topic of interest not on the list?

Let us know and we will work together to meet the knowledge and service needs of your practice and clients



www.agewellsolutions.ca • info@agewellsolutions.ca • 613.277.6449